

# Geriatric Primary Care

*Convenient, customized care  
for older adults*



**RELIANT**  
MEDICAL GROUP  
Part of Optum®

*Proudly partnering with*



**Landmark**

## *A Unique Program Designed For You*

At Reliant, our goal is to provide you with the **right care**, at the **right time** and in the **right place**. That's why we developed a specialized **Geriatric Primary Care program**. It's also why we partner with **Landmark Health**, a medical group that specializes in caring for older adults in the comfort of their homes.

Our Geriatric Primary Care program includes teams of healthcare professionals who are dedicated to caring for older adults. They know that patients aged 65+ often have unique healthcare needs and may require a more attentive, responsive healthcare experience.

Your new PCP in the Geriatric Care Program oversees care provided to you by Landmark Health, as well as by Reliant's specialized advanced practice clinicians.





## *Convenient Care At Home*

While you may at times be referred to a Reliant office for your **primary care**, most of your care will be provided by Landmark Health in your home.

**Landmark is your first point of contact when you need medical care.** A

Landmark provider will help determine the best care options for you, which could include a home visit, or a visit to a Reliant office. Your specialty care will continue to be provided by your current specialists in the office.



To learn more, visit  
***[reliantmedicalgroup.org/  
geriatricprimarycare](https://reliantmedicalgroup.org/geriatricprimarycare)***

## ***Frequently Asked Questions***

### ***Q: Do I have a new PCP in the Geriatric Care Program?***

**A:** Yes, when you move to the Geriatric Care Program, you are assigned to a new Reliant PCP and a new care team that includes Landmark. The team specializes in caring for older adults.

### ***Q: Will my insurance cover this program?***

**A:** Yes, nothing will change about your insurance coverage. But you will need to contact your insurance company to tell them about your new Reliant Geriatric Primary Care physician, Dr. Shiavax Cowasji.

### ***Q: Will I ever go to a Reliant Medical Group office for care?***

**A:** If you need in-office primary care, Landmark, in consultation with you and your Geriatric Primary Care team, will decide where you will be seen. You will still receive your specialty care and lab services in the office.

### ***Q: Can I keep my specialists?***

**A:** Yes, nothing will change about the way you receive specialty care.

### ***Q: What is Landmark Health?***

**A:** Landmark Health is a group of healthcare professionals that specialize in providing in-home care. Reliant is partnering with Landmark in the care of our patients. Landmark updates your Geriatric Primary Care team after each visit and as often as necessary to meet your healthcare needs.

# IMPORTANT PHONE NUMBERS



**If you're sick or need medical advice:**

Call  **Landmark**  
any time of day or night at

**(877) 255-3259**



**For prescription refills:**

Call the Geriatric Primary Care  
team at

**(508) 425-5694**



**In an emergency:**

If you are experiencing serious  
symptoms like chest pain,  
difficulty breathing, excessive  
bleeding or have sustained a  
serious injury,

call **911** or visit the closest  
Emergency Room



Reliant Medical Group, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 508-453-8850 (TTY: 1-800-439-2370).

**ATENÇÃO:** Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 508-453-8850 (TTY: 1-800-439-2370)

**[www.reliantmedicalgroup.org](http://www.reliantmedicalgroup.org)**