

Resources

Medicare Information

Medicare

- Medicare's free, secure, online service for managing personal information regarding Original Medicare benefits and services.
- Original Medicare beneficiaries can create an account with *MyMedicare.gov* and use it to check information about their coverage, enrollment status, and Medicare claims.
- www.medicare.gov

Medicare Resources

- A website, dedicated to Medicare, which provides resources to help consumers understand Medicare's maze of coverage options.
- www.medicaresources.org

Centers for Medicare & Medicaid Services

- The Centers for Medicare & Medicaid Services (CMS) is part of the U.S. Department of Health and Human Services. CMS oversees many federal healthcare programs
- www.CMS.gov

My Medicare

- MyMedicare.gov is Medicare's free, secure, online service for managing personal information regarding Original Medicare benefits and services.
- Original Medicare beneficiaries can create an account with *MyMedicare.gov* and use it to check information about their coverage, enrollment status, and Medicare claims.
- www.MyMedicare.gov

Medicare Interactive.org

- Medicare Interactive helps to answer questions you may have about Medicare.
- www.Medicareinteractive.org

Medicare Rights Center

- The Medicare Rights Center is a national, nonprofit consumer service organization that works to ensure access to affordable health care for older adults and people with disabilities through counseling and advocacy, educational programs and public policy initiatives.
- www.MedicareRights.org

S.H.I.N.E.

- The Massachusetts State Health Insurance Counseling Program (SHIP) but in Massachusetts SHINE stands for Serving the Health Information Needs of Everyone.
- The SHINE Program provides free and unbiased health information, counseling, and assistance to Medicare beneficiaries of all ages and their caregivers.
- **1-800-243-4636** press 3
- www.800ageinfo.com

Social Security Office

- The United States Social Security Administration (SSA) is an independent agency of the U.S. federal government that administers Social Security, a social insurance program consisting of retirement, disability, and survivors' benefits.
- Call Social Security at **1-800-772-1213** (TTY users should call **1-800-325-0778**), Monday through Friday, 7AM to 7PM.
- Apply in person at a Social Security office.
- ssa.gov

Help with Coverage Costs

Mass Health

- Mass Health helps provide health and dental coverage for individuals and families based on financial need, as well as people with disabilities.
- **1-800-841-2900**
- www.mass.gov/masshealth

PrescriptionAdvantageMA.org

- Prescription Advantage is the state-sponsored prescription drug assistance program for seniors and people with disabilities in Massachusetts.
- **(800) 243-4636**, press 2 TTY **(877) 610-0241**.
- www.mass.gov/prescription-drug-assistance

Veterans

- The US Department of Veterans Affairs provides patient care and federal benefits to veterans and their dependents.
- The Department of Veterans Affairs on-line or at **1-877-222-8387**.
- The DMDC (Defense Manpower Data Center) Support Office at **1-800-538-9552**, if have TRICARE.
- Your town's Veterans' Agent.
- www.va.gov/healthbenefits

Federal Employees and Retirees

US Office of Personnel Management

- The U.S. Office of Personnel Management (OPM) serves as the chief human resources agency and personnel policy manager for the Federal Government. It also administers retirement benefits for federal employees and retirees.
- Opm.gov

Reliant Medical Group

- If want to stay with Reliant Medical Group providers, these plans are accepted in 2020. You will need to contact the plans directly.
 - AARP®|Medicare Complete Insured through UnitedHealthcare **(855) 332-0910**
 - Blue Cross Blue Shield of Massachusetts Medicare HMO & PPO Plans (accepted 9/1/19) **(800) 678-2265** | TTY: **711**
 - Commonwealth Care Alliance (CCA) (eligible patients 64 and under) **(866-610-2273)** | TTY: **711**
 - Fallon Health Medicare Advantage (accepted 1/1/20) **(866) 790-8181** | TRS: **711**
 - Tufts Medicare Preferred HMO & PDP2 (Medicare Advantage) **(877) 588-6830** | TDD/TTY: **(888) 899-8977**
 - Tufts Health Plan Senior Care Options HMO SNP & Tufts Health Plan Senior Care Options (SCO) **(877) 588-6830** | TDD/TTY: **(855) 670-5940**
 - Original Medicare (Part B) & Original Medicare with virtually all supplements (see below) **(800) MEDICARE (800) 633-4227** | TTY: **(877) 486-2048**
 - NaviCare HMO SNP and NaviCare SCO **(877) 255-7108** | TDD/TTY: **711**
 - Medicare Supplement plans, such as:
 - Banker's Life & Casualty
 - BCBS Medex (Does not include BCBS Medex Choice)
 - BCBS Managed Blue for Seniors
 - Unicare Medicare Extension Plan aka Commonwealth Indemnity Medicare Extension Plan
 - Fallon Health Medicare Supplemental/Fallon Companion Care **(866) 790-8181** | TRS: **711**
 - Harvard Pilgrim Medicare Supplemental Plan
 - Tricare for Life
 - Tufts Medicare Complement Plans
 - UHC AARP **(855) 332-0910**
- Reliantmedicalgroup.org
 - Cheryl Owoc, Reliant Medicare Education Specialist
 - **(508) 713-2039**
 - Cherylann.owoc@reliantmedicalgroup.org