

Pain can have a significant impact on your life. Please tell us about its effect on your life by marking one box per row.

In the past 7 days, how often did you have the following thought when you were in pain?		Never	Rarely	Sometimes	Often	Always
1.	My pain is more than I can manage.	1	2	3	4	5
2.	Because of my pain, I will never be happy again.	1	2	3	4	5
3.	Because of my pain, my life is terrible.	1	2	3	4	5
4.	My life will only get worse because of my pain.	<u>1</u>	2	3	4	5
In	the past 7 days, how often?	Never	Rarely	Sometimes	Often	Always
5.	Did you keep thinking about how much it hurts?	1	2	3	4	5
6.	Did you have trouble thinking of anything other than your pain?	1	2	3	4	5

Total Score:	(add your ratings fo	or the six items to get your total s	core
	` , .	0 /	